



# HOPE, HEALTH & HEALING CENTER

By The Oncology Institute of Hope & Innovation

# ACUPUNCTURE

## What is Acupuncture?

Acupuncture is a safe and effective form of Chinese medicine that has been practiced for centuries. It's based on the understanding that energy, or chi, flows through and around the body along pathways called meridians. Very thin needles are inserted at specific acupuncture points, increasing the activity of the body's natural pain killers and restoring the balance of energy. This helps the body to repair and maintain its well-being.



## Benefits

- Reduced nausea, vomiting and fatigue associated with chemotherapy
- Pain relief from neuropathy, incisions, tumors or chronic issues
  - Improve digestion
- Assist in stress management
  - Help improve sleep

Every Friday  
8:30 am - 11:30 am

Please call to make  
an appointment!

Initial Consultation  
and Treatment  
\$65

Continuing Patients  
\$50

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